

1953 Region 4 Championship

at Central Stadium, St. Paul, Thur., May 21, 1954

Teams: Stillwater 30 ½, Cambridge 25, Cleveland 19, North St. Paul 16, Red Wing 13, Anoka 9, St. Paul Park 5, Princeton 4, Elk River 3, Columbia Heights 3, White Bear Lake 3, Onamia 2 ½, LeSueur 2, Hastings 2, Milaca 1.

100

- 1 Gustafson, Cambridge 10.6
- 2 Dickie, Cleveland
- 3 Tetu, North St. Paul
- 4 Johnson, Red Wing
- 5 Mor, Anoka

220

- 1 Gustafson, Cambridge 23.6
- 2 Dick Olsen, Stillwater
- 3 Dickie, Cleveland
- 4 Tetu, North St. Paul
- 5 Mor, Anoka

440

- 1 Gary Rosenquist, Stillwater 54.4
- 2 Souistrom, Columbia Heights
- 3 Wolf, Cleveland
- 4 Foote, Cambridge
- 5 Hager, St. Peter

880

- 1 Ronald Crimmers, Red Wing 2:07.0
- 2 Regenscheid, Cleveland
- 3 Christenson, Cambridge
- 4 Griep, Cleveland
- 5 Stuart, Braham

Mile

- 1 Lloyd, Cleveland 4:59.9
- 2 Olson, Elk River
- 3 Weber, Hastings
- 4 Kurilla, Anoka
- 5 Guthrie, White Bear Lakes

High Hurdles

- 1 Tom Juhl, Stillwater 16.1
- 2 Sprute, Farmington
- 3 Hawkins, Cleveland
- 4 Montagne, Anoka
- 5 Nascone, Braham

* Ties Meet Record

** New Meet Record

180 Yd. Low Hurdles

- 1 Tom Juhl, Stillwater 21.7
- 2 Johnson, Red Wing
- 3 Bell, Anoka
- 4 Miles, Milaca
- 5 Krough, St. Peter

880 Relay

- 1 Stillwater 1:37.2 (Froehner, Olson, Rosenquist, Juhl)
- 2 Cambridge
- 3 LeSueur

Shot Put

- 1 Dale, Anoka 48-3
- 2 Dunbar, Cambridge
- 3 Koplin, Red Wing
- 4 Kline, White Bear Lake
- 5 Krough, St. Peter

Discus Throw

- 1 Rooney, St. Paul Park 135-8
- 2 Dunbar, Cambridge
- 3 Zaco, White Bear Lake
- 4 Dale, Anoka
- 5 Fahning, Cleveland

Broad Jump

- 1 Tom Juhl, Stillwater 20-10 ½
- 2 Duckstad, Princeton
- 3 Johnson, Red Wing
- 4 Dunbar, Cambridge
- 5 Krough, St. Peter

High Jump

- 1 Mottaz, North St. Paul 5-6
- 2 Franklin, Onamia
- 3 Tom Juhl, Stillwater
- 4 Duckstad, Princeton

Pole Vault

- 1 Mottaz, North St. Paul 10-8
- 1 Hedberg, North St. Paul 10-8
- 3 Dunbar, Cambridge
- 4 Hankin, Cleveland

Notes: Wes Windmiller coached Stillwater.